

REF:IRO/SCL/jd/PE Safety

4th December 2012

Dear Parent / Carer

Health and Safety guidance for PE lessons

It has been brought to our attention that a number of students are wearing inappropriate footwear for their PE lessons. Footwear worn for PE lessons must be supportive sports trainers which give adequate protection to the foot and instep. Fashion trainers, gym pumps, espadrilles and other casual shoes do not meet Derbyshire County Council Health and Safety guidelines and therefore your child will not be allowed to do PE in this type of footwear. In addition to this, laces must be properly threaded and appropriately tied using all eyelets.

New guidelines from Derbyshire County Council state that the wearing of mouth guards for all contact sports such rugby and hockey is now compulsory for all pupils under the age of 18. Your child will be doing these sports as part of their PE rotation at some point each year. Please ensure that your son/daughter has a gum shield to wear when they are participating in either rugby or hockey lessons. Students will be reminded at the start of each lesson about wearing their gum shields.

Yours faithfully

Iain Rowbotham
Assistant Head Teacher

Sally Clarke
Leader of Teaching and Learning PE