REF: NTU/jd/Safe & Well Being Evening 27th January 2014

Dear Parent/Carer

For many young people the teenage and adolescent years are the most difficult and most challenging of all. The teenage years are also the most challenging for many parents.

I would like to take this opportunity to invite you to the key stage 4 & 5 Safe and Well Being Evening on Thursday 6th March 2014. The evening starts at 6:00pm in the Main School Hall and ends at 7:00pm.

During the evening you will get the opportunity to discuss and be supported with the following issues:

- Self-harm
- Weight and Nutrition
- Stress and anxiety
- E-Safety
- Living with Teenagers

There will be the following professional at the evening:

- Nikki Turner Assitstant Headteachr responsible for safeguarding and child protection
- Eric Knutsen Assistant Headteacher responsible for E-Safety
- Alli Fice School Nurse
- Sue Towers School Counsellor
- Sherrie Cosford Family Resource Worker
- Marcus Degg Personal Advisor

If you would like to attend the evening, please complete the reply slip below and return to either:

•	Year 10 - Ms Crofts	Y10AH - Mr Brennin
•	Year 11 – Miss Turner	Y11AH – Mrs Gregory

• Year 12 and Year 13 – Mr Wright

Yours	faithfully
-------	------------

N Turner Assitant Headteacher	
×====================================	
Safe and Well being Evening	Thursday 6th March 2014
Student's Name	Form
Parent/Carer name	Signed